

sport at

Reigate College »



Reigate College holds a strong belief that physical activity should be embedded in the culture of the College and students should be encouraged to participate at all levels.



Sports facilities

The College's excellent sports facilities are a big draw to students considering studying Sport and those wanting to get involved in competitive or recreational sport. Facilities include:

- » A fully equipped Sports Hall (with all year cricket nets) used for playing 5-a-side Football, Badminton, Volleyball, Netball, Basketball and Cricket
- » A state-of-the-art gym
- » An Activities Room (for fitness classes and circuit training)
- » Six well-equipped classrooms
- » Extensive playing fields at Wallfield Sports Ground which are used for many team sports including Rugby and Football.
- » Tennis and netball courts

Competitive Teams

College teams compete in the Surrey Sixth Form Colleges League in the following sports:

- » Mens' Football (three teams)
- » Ladies' Football
- » Rugby
- » Mixed Hockey
- » Netball (two teams)
- » Basketball

Trials are held during enrolment week and fixtures run throughout the academic year. Most teams compete on Wednesday afternoons and students should bear this in mind when finalising their timetables.

Competitive opportunities in other sports also exist through AoC Sport. The College enters south-east regional competitions in sports such as Cross-country, Squash, Athletics, Table Tennis, Volleyball, Trampoline and Golf.

AoC Sport organises tournaments, leagues and fixtures for Sixth Form and Tertiary Colleges, and gives students the opportunity to represent both South-East and British Colleges in a variety of competitions.

The College also enters other regional competitions in sports such as swimming, cricket and equestrian.

Links to external clubs

The College has excellent links with two external clubs: Urban Ballers Basketball Club and Shadow G Sanda Kickboxing Club.

The College Activities Programme

The College's programme of extra-curricular activities includes a variety of recreational sports which allow all students, whatever their ability or previous experience, to take part in Sport while they're a Reigate student. These activities are as diverse as Badminton, Rush Hockey and Yoga.

The gym is also available during lunchtimes and after College on most days for students to work on their fitness levels.



Sports Activators

Students are given the opportunity to become Sports Activators while they're at College. Sports Activators are students who are passionate and enthusiastic about sport to the extent that they can motivate others to participate. They assist with the delivery of the College Activities Programme and work closely with staff to help ensure the College provide's the best provision for its students.

Typically, a Sports Activator will help with the running of both internal and external sporting events; deliver sports sessions to their peers; have opportunities to coach in local primary, secondary schools and sports clubs; officiate competitions and deliver intra-college competitions.

Becoming a Sports Activator at the College will enhance university and/or job applications. Students gain invaluable leadership, communication and team work skills and have the opportunity to gain nationally recognised sports coaching qualifications.

Sports Leader's Award

While at College, students are offered the chance to gain their Level 2 Sports Leader's Award. This stand alone, practical course gives an introduction to the basic skills of organising groups of people in safe, enjoyable physical activity sessions.

As part of the course, students benefit from gaining 10 hours of voluntary work in local primary schools.

For more information, about this and other Sport-related courses offered at the College please see <http://www.reigate.ac.uk/courses/physical-education>