Enrichment opportunities



Extra-curricular activities and how to get involved



reigate college

Making the most of College life involves seizing upon the many extra-curricular opportunities offered to you as a Reigate College student.

All Lower Sixth and Intermediate students are expected to take part in *at least* one enrichment activity.

Take a look at what's available in 2023-2024:

1 Clubs and Activities Programme

Pick from around 50 lunchtime and after College extra-curricular clubs and activities - from Debating to Yoga, Choir and Self Defence.

The full list of clubs and activities will be available once academic timetables have been finalised from 20 September.

Sign up via the Enrichment Fair that you'll visit with your Tutor Group on Tuesday 20 September 2022 (Community Afternoon).

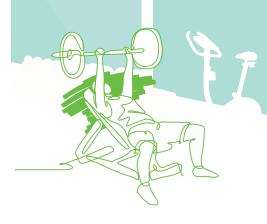
2 Competitive Sport

Alongside the recreational sport offered through the Clubs and Activities Programme, the College also fields competitive teams in: Men's Football (three teams), Women's Football, Men's Rugby, Women's Rugby, Netball and Basketball.

Team trials will be taking place week of 4 September 2023.

Register your interest via the Competitive Sports desk during enrolment. You will then be notified when the particular team trial will be.

Please also let us know at enrolment if you would like to compete in any individual sports for the College.



3 College Gym

Open to all enrolled students, who've completed a College Gyminduction.

Exact opening hours to be confirmed in September 2023 but there will continue to be a 'Women Only' gym session during Tuesday lunchtimes.

Register your interest via the College Gym desk during enrolment or email **activities@reigate.ac.uk**.

4 Duke of Edinburgh's Gold Award

Open to all students, even if you haven't done your Bronze or Silver Award. Register your interest via the DofE desk during enrolment or email **dofe@reigate.ac.uk** before 18 September 2023.

Essential Diary Dates (Provisional):

Information Meeting (for parents and students): Tuesday 26 September 2023, 6pm

Expedition Training Weekend: 27 and 28 April

Practice Expedition: 24 to 28 May 2024

Qualifying Expedition: 5 to 9 July 2024



Sports Ambassadors

Help run some of the sports activities offered through the College's Clubs and Activities Programme, and gain some valuable experience for your CV!

Register your interest via the Sports Ambassadors desk during enrolment or email **activities@reigate.ac.uk**.

6 Community Events and Pop-Up Activities

There's also a whole host of other things to take part in during your time at College, such as Gratitude and Green Weeks, bake sales and film nights, plus a variety of pop-up events used to help highlight some of the issues affecting young people.

Look out for notices about these during tutorial periods.

Additional enrichment opportunities for your Upper Sixth Year

7 Student Mentors

Once you're in the Upper Sixth, you'll also have the opportunity to become a Student Mentor and help support other students who are experiencing difficulties, in some capacity, at College.

Email mentoring@reigate.ac.uk.

8 Students' Union

In the Upper Sixth, you'll also have the chance to become a member of the College's Students' Union and become part of the team helping to run the College's social and fundraising events.

Email studentunion@reigate.ac.uk.

