



Young Carers Policy

Updated: October 2024

Approval: November 2024

Implementation: November 2024

Review: May 2027

1 Introduction

1.1 Reigate College is committed to supporting young carers to access education. This policy aims to ensure young carers at Reigate College are identified and offered appropriate support to access the education to which they are entitled.

2 Definition

2.1 A young carer is a child or young person (under 18 years old) who is helping to look after someone. This may be at home but, could also be a person who lives away from the family home. Most are caring for a parent, but some may be taking responsibility for a sibling, grandparent or other relative. It may also be the case that the young carer is looking after a family friend.

2.2 In some instances, a young carer may care for more than one person.

The person(s) they look after will have one or more of:

- Physical disability (including sensory disability)
- Learning disability
- Mental health problem
- Chronic illness
- Substance misuse problem

2.3 A young carer will take on additional responsibilities to those appropriate to their age and development. A young carer might be providing the main care or share responsibilities with another family member. The caring tasks that a young carer must deal with can range from:

- **Nursing care** - giving medication, injections, changing dressings, assisting with mobility etc
- **Personal intimate care** - washing, dressing, feeding and helping with toilet requirements
- **Emotional care** - being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression and trying to cheer them up
- **Domestic care** - doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc
- **Financial care** - running the household, bill paying, benefit collection etc
- **Childcare** - taking responsibility for younger siblings in addition to their other caring responsibilities

3 At Reigate College

3.1 At Reigate College, we believe that all young people have the right to an education, regardless of what is happening at home.

3.2 When a young person looks after someone in their family who has a serious illness, disability or substance misuse problem, he or she may need a little extra support to help him or her get the most out of College. Our Young Carers Policy says how we will help any student who helps to look after someone at home.

3.3 Our College:

- Has a member of staff with special responsibility for young carers and lets all new students know who they are and what they can do to help
- Can put young carers in touch with the local Young Carers Service. We can also put families in touch with other support services
- Is accessible to parents who have mobility and communication difficulties and involves them in parents' evenings
- Respects your right to privacy and will only share information about you and your family with people who need to know to help you
- Will consider alternatives if a young carer is unable to attend out of College activities e.g. sports coaching, concerts, due to their caring role
- Where possible will consider a change in timetable to accommodate caring responsibilities
- Where applicable support young carers to access to the bursary and other sources of finance
- Authorised absences to allow the young carer to attend medical appointments etc
- Ensure young carers have access to enhance careers support and are aware of the support available to access Higher Education
- Ensure young carers have access to IT though laptop loans or donation
- All staff received training on supporting young carers

4 Communication

4.1 We would ask that student or family make the College aware of any caring responsibilities either on the application form or by emailing admissions@reigate.ac.uk

4.2 Further information and support can be obtained by contacting the College. You can either phone (01737 221118) or email student.services@reigate.ac.uk