

The Duke of Edinburgh's Award »



Help your CV stand out from the crowd
with the Duke of Edinburgh's Gold Award

Why do the DofE Award?

Doing your DofE is all about new experiences, fun with friends and giving yourself an exciting challenge. You'll get a chance to challenge yourself physically, develop new skills, volunteer in your community, and even take part in an expedition. You pick the activities. You choose your goals. Your DofE is what you make it.

Employers love the skills you develop through DofE – think commitment, resilience, organisation, time management, communication, teamwork, leadership, effective problem-solving. Best part? DofE is recognised all around the world – so whether you're looking to stay at home or go abroad, it'll be one of your greatest assets.



What's involved?

For the Gold Award, you will need to complete five different sections.

Volunteering: This is your chance to spread positive change for any cause you care about - helping the environment, individuals or the community.

Physical: Prioritise your health and wellbeing. Choose any sport or fitness activity that best fits you, your interests, goals and abilities.

Skills: You could try something new or develop something you've enjoyed for as long as you can remember. Choose to learn a language, play an instrument or design a website.

Expedition: Highs, challenges, laughs, memories. You'll experience it all. Planning, training for and completing your expedition will be an adventure you'll never forget.

Residential: Are you up for stepping outside your comfort zone? You'll spend five days away from home building new friendships, new memories and new skills. You could volunteer, sail on a tall ship or take part in a Scout jamboree!

Will it be lots of extra work?

With classes, part-time work, applications, family commitments and socialising, it can be a lot to juggle. The DofE is designed to be flexible and personalised, fitting seamlessly into your life. Instead of adding more to your plate, DofE helps you make the most of your existing activities and commitments. Your current hobbies can count towards your Award.

How long does it take to complete?

The Gold Duke of Edinburgh's Award typically takes 18 months to complete. However, if you've already achieved the Silver Award, the timeframe is reduced to just 12 months. Participants have until their 25th birthday to finish the programme. At Reigate, our DofE approach is designed to help you succeed — we encourage students to complete the bulk of the award during their first year, allowing more time to focus on academic studies in the second.

Below is the Gold Award timetable, designed to give you a sense of the time and dedication needed for each section. As a guide, one month of activity equals roughly one hour per week.

Volunteering	Physical & Skills	Expedition
12 months.	One section for 12 months and the other section for 6 months	Plan, train for and undertake a 4 day, 3 night expedition.
Direct entrants must undertake an additional 6 months in either the Volunteering or the longer Skills or Physical section.		
Residential		
Undertake a shared activity in a residential setting away from home for 5 days and 4 nights (or over 2 weekends). Those who have not completed Silver must undertake a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.		

Can anyone do the Gold Award?

You don't need Bronze or Silver to begin the Gold Award — the College only offers Gold. All that's required is a strong commitment. While participation is voluntary, once enrolled, students are expected to stay consistently engaged throughout the programme.

How much will it cost?

The Gold Award typically costs around £700 which includes registration for the Award and the expedition section. We also ask for a refundable deposit of £100 for equipment hire. Students are responsible for costs for other sections of the award.



What support will I receive?

The Duke of Edinburgh Coordinator manages the programme and offers advice during term time via dofe@reigate.ac.uk

Support is provided through meetings and workshops.

The Expedition section is delivered by a DofE Approved Activity Provider.

Does the College have equipment students can hire?

The College is able to hire out equipment such as rucksacks, tents, stoves and first aid kits.

Interested in taking part?

For more information contact dofe@reigate.ac.uk

reigate•college

Reigate Sixth Form College
Castlefield Road, Reigate, Surrey RH2 0SD Tel 01737 221118
enquiries@reigate.ac.uk www.reigate.ac.uk

